## SENSORY GOOL DOWN MT

## WHAT'S THIS KIT ALL ABOUT?

The Lisle Library District (LLD) wants all patrons to feel welcome and enjoy their time at the Library. Sensory Cool Down Kits support patrons of all ages, especially those with Autism Spectrum Disorder (ASD) or sensory sensitivities, by helping manage sensory input and promote self-regulation.

The Sensory Cool Down Kit is available to anyone of any age to use while in the Library. Items in the main pocket should be returned to the Youth Services Desk along with the kit pack. Items in the front pocket can be taken home and enjoyed!



